

# Thrower House

All activities are free!

## School Holiday Program 18<sup>th</sup> – 22<sup>nd</sup> September, 17

### Monday 18<sup>th</sup> September 2017

WEEK 1

|           |                 |   |
|-----------|-----------------|---|
| 9am-10am  | Icebreakers     | Super fun way to meet new friends.  |
| 10am-12pm | Balloon pop     | Last one standing with their balloon wins.  |
| 12pm-1pm  | Lunch           | Come and join us for some yummy lunch.  |
| 1pm-2pm   | Art stick mural | Design your stick and be part of our mural.   |
| 2pm-3pm   | Bulrush         | Let's get warmed up for the circus with a game of bulrush.                                |
| 3pm-5pm   | Circus Time     | Join Kerbside Circus and have fun learning to juggle, hula-hoop and build human pyramids. |

### Tuesday 19<sup>th</sup> September 2017

|            |                  |  |
|------------|------------------|--|
| 9am-10am   | Charades         | Time to get your mime on.                        |
| 10am-11am  | Bingo            | Treasure hunt bingo.                             |
| 11am-12pm  | Break Dancing    | Cream Team Studio are here to show some moves.   |
| 12pm-1pm   | Lunch            | Come and join your friends for some yummy lunch. |
| 1pm-2:30pm | Arts and Craft   | Monster rocks and polymer clay canes.            |
| 2:30-5pm   | Old school games | Hop Scotch, skipping, basketball and many more.  |

### Wednesday 20<sup>th</sup> September 2017

|           |                     |  |
|-----------|---------------------|--|
| 9am-10am  | Throwers got Talent | Show us your talent and get a prize!                 |
| 10am-12pm | Inflatables         | You will need your swimmers and a change of clothes! |
| 12pm-1pm  | Lunch               | Come and have some yummy lunch with your friends     |
| 1pm-3pm   | Inflatables         | Time to ride the slide!                              |
| 3pm-5pm   | Movie               | Popcorn time   |

### Thursday 21<sup>st</sup> September 2017

|           |                     |   |
|-----------|---------------------|---|
| 9am-10pm  | Balloon Pop         | Last one standing with a whole balloon wins.    |
| 10am-12pm | Cooking             | Get your Master Chef on.                        |
| 12pm-1pm  | Lunch               | Eat what you cook or bring your favourite lunch |
| 1pm-3pm   | Tugun Gardens       | Join the team at Tugun Gardens for some fun     |
| 3pm-5pm   | Tie Dye/Water fight | Let's finish the day with colourful cool fun    |

### Friday 22<sup>nd</sup> September 2017

|           |                 |   |
|-----------|-----------------|---|
| 9am-10am  | Oz Tag          | Blue v's Red                                      |
| 10am-12pm | Art and Craft   | Lolly Leis and crayon art                         |
| 12pm-1pm  | Lunch           | Come and join us for some yummy lunch             |
| 1pm-2pm   | Knock em down   | Knock the bottles down with some strange objects! |
| 2pm-3pm   | Water bomb time | Make some homemade water bombs and have some fun  |
| 3pm-5pm   | Swimming        | Lets end the week with a nice swim ★              |

★ Registrations can be completed on any first day that your young person arrives

★ Indicates activity has limited spaces - booking is essential.



**wesley mission**  
QUEENSLAND

Thrower House is located at Salk Oval, Thrower Drive, Palm Beach.

All activities are designed for young people 12-17 years and all activities are free!

For information: **email** [throwerhouse@goldcoast.qld.gov.au](mailto:throwerhouse@goldcoast.qld.gov.au) or **text/phone** 0408 734 061

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# Thrower House

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## School Holiday Program 25<sup>th</sup>– 29<sup>th</sup> September 17

### Monday 25<sup>th</sup> September 2017

|           |                |  |
|-----------|----------------|--|
| 9am-10am  | Trivia Time    | Who can get all the answers            |
| 10am-12pm | Arts and Craft | Get crafty with Sand art               |
| 12pm-1pm  | Lunch          | Come and Join us for Lunch in the park |
| 1pm-2pm   | Handball       | Let's see who is King of the squares   |
| 2pm- 5pm  | Pool Time      | End a great day with a splash ★        |

### Tuesday 26<sup>th</sup> September 2017

|           |               |   |
|-----------|---------------|---|
| 9am-10am  | Skipping comp | Jump in time with the rope  |
| 10am-12pm | Tugun Gardens | Have fun with Tugun gardening ladies  |
| 12pm-1pm  | Lunch         | Come and Join us for Lunch in the park  |
| 1pm-2pm   | Tie dying     | Colour your world   |
| 2pm-4pm   | Circus Skills | Join Kerbside Circus and have fun learning to juggle Hula hoop and build human pyramids |
| 4pm-5pm   | Fun Games     | Best games ever   |

### Wednesday 27<sup>th</sup> September 2017

|           |              |  |
|-----------|--------------|--|
| 9am-11am  | Inflatable's | Have fun on the giant Jousting Inflatable    |
| 11am-12pm | Oz Tag       | Which team will win Blue or Red              |
| 12pm-1pm  | Lunch        | Come and Join us for Lunch in the park       |
| 1pm-3pm   | Inflatables  | Have fun on the giant Jousting Inflatable    |
| 3pm-5pm   | Movies       | Kick back and chill with popcorn and a movie |

### Thursday 28<sup>th</sup> September 2017

|           |                |  |
|-----------|----------------|--|
| 9am-10am  | Doge Ball      | Who will be the last man standing      |
| 10am-12pm | Cooking        | Cook up a storm                        |
| 12pm-1pm  | Lunch          | Come and Join us for Lunch in the park |
| 1pm-3 pm  | Skateboarding  | Learn new tricks with Flavio           |
| 3pm-5 pm  | Pool/Ping pong | Best player wins                       |

### Friday 29<sup>th</sup> September 2017

|             |                |  |
|-------------|----------------|--|
| 9am-10am    | Basketball     | Around the world Thrower style             |
| 10am-11am   | Muay Thai      | Train with Marcus from heart start fitness |
| 11am- 12 pm | Arts and craft | Let's get art and crafty                   |
| 12pm-1pm    | Lunch          | Come and Join us for Lunch in the park     |
| 1pm-2pm     | Guess who      | Can you guess the famous star              |
| 2pm-5pm     | Swimming       | Great way to end our holiday program ★     |

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