

SBYHN G.C.

‘ Open Door ’

2020

Virtual Clinic for Support

Free and Confidential Service

The world is becoming very different and unpredictable of late. The changes are happening daily. These changes can often leave people feel a little overwhelmed.

The school-based nurse team can assist you. We are offering a virtual clinic service to support young people in schools. We may not be physically in your school but we are still available to listen. We are just a click, an email or a phone call away. So, if you need to chat, we are here.

In uncertain times, we know that simply **talking** about our problems and sharing our emotions with someone we trust can be very healing. If you need to speak to someone, get in touch with us.



We have an open door! We may be doing things a bit differently, but our focus is still to support young people to be the best version of themselves.

Contact Us:

Email: SBYHNGoldCoast@health.qld.gov.au

Phone: 5687 9183



School Based Youth Health Nurses (SBYHN)

Supporting young people in high school communities.

If you are at high school and want to chat about:

- mental health issues,
- relationships,
- sexual health advice
- or any other health issues,

we are here to listen and offer support.

