



# ESHHSNEWS

## ISSUE 7

16 May 2014

### DATES TO REMEMBER

19th May

- \* Year 10 Leadership Day
- \* Chaplaincy Morning Tea

22nd May

- \* Oceanic Cross Country
- \* Year 12 Hospitality Excursion

24th May

- \* Ks4Kids

27th May

- \* Year 12 Currumbin Wildlife Excursion

### P&C ASSOCIATION

The P&C Association meets monthly. The meetings are scheduled for the 3<sup>rd</sup> Wednesday of each month at 5.30pm.

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## FROM THE PRINCIPAL

### Parent Teacher Night – Thank you

Thank you to all parents who attended not only the parent teacher interviews but also the information sessions that were run on the night. The information sessions were introduced to try and maximise your visit to the school and we have had positive response to the content of both sessions. The session that I ran was on the myfuture website – this is an extremely useful website for students and parents alike – the address is [www.myfuture.edu.au](http://www.myfuture.edu.au) which can be found on the student Launchpad of the Elanora SHS website. If you were unable to attend we have a follow up course for Youth Mental Age first Aid, please refer to flyer on the right for information or contact Julianne Davies via email: [jdavi81@eq.edu.au](mailto:jdavi81@eq.edu.au). If you would like to discuss your child's progress with one of their teachers – please do not hesitate to contact the school.

### Chaplaincy Week

Next week is Chaplaincy week, our school is very fortunate to have two highly capable Chaplains in Chappy Steph and Chappy Dave. Steph and Dave are an essential component of our student support team. Chappy Week will involve a number of activities with a volunteer morning tea, special parade and culminates with the fundraising K's for Kids walk next weekend. Our school chaplaincy service is only possible with strong financial donations from our local community for which we are extremely grateful. Please take the time to thank our Chaplains next week for the tremendous work that they do.

### Welcome Lizen

Our friends from Lizen Senior High School arrive next week for their annual study tour. Our students will have buddy students and attend classes as well as visiting a number of sites around the Gold Coast. This study tour is just one aspect of our expanding International program and provides our students with a true global perspective. Thank you to all of our host families for providing a quality experience to our International friends.

### ACE, Sports and Dance Offers have been sent.

We have now mailed all Round One offers for our Junior ACE, Sports & Dance programs for Year 7 & 8 2015. Traditionally there are second round offers and these will be made if places arise. We will also offer a second round of testing if required in Semester 2. I look forward to meeting our incoming excellence program students as part of our personalised enrolment service.

### NAPLAN Testing 2014

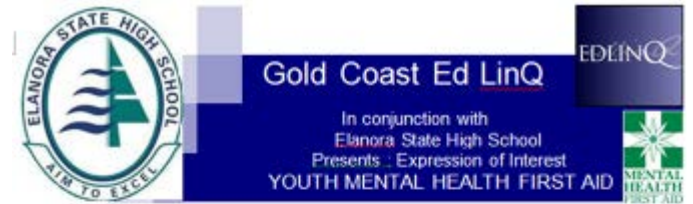
Our Year 9 students completed NAPLAN testing this week with final catch-up occurring today. Results from NAPLAN testing will arrive in September and as a school we will continue to work on developing the literacy and numeracy skills of all of our students. A number of our Year 10 students this week were trained as reading tutors to assist our Year 8 students and incoming Year 7 students. I look forward to sharing news of this program with you.

### Winter is here

As winter is now here I have been very pleased with the support of parents in ensuring that students have the correct winter uniform. Our school uniform store is the sole supplier of our school uniform and has plenty of winter stock available. Please ensure that your child complies with the uniform policy of the school by only wearing school uniform items.

Yours in Education

Cameron Hodges



Mental health means much more than just the absence of mental illness. It is about physical and emotional well-being, having the strength and capacity to live a full and creative life, and the flexibility to deal with its ups and downs. It is not easy for young people to grow up in today's complex society, where they can experience all sorts of pressures and difficulties.

Would you like to know more about mental health issues affecting young people?  
Would you like to know how to respond to your adolescent if you are worried they may have a problem?

Gold Coast Ed LinQ (Queensland Health) in conjunction with Elanora State High School is offering FREE Youth Mental Health First Aid training to parents/carers of young people to enable them to talk to their adolescent about how they're feeling and to know how to respond early if there are signs of a problem. The course gives the parents/carers an action plan, which shows how to respond appropriately to either a mental health crisis, or where they simply might be concerned about a young person.

Check the YMHFA website for more details [www.mhfa.com.au](http://www.mhfa.com.au)

**YOUTH MENTAL HEALTH FIRST AID (YMHFA)**  
The Youth MHFA is a 14 hour course which teaches adults how to assist adolescents who are developing a mental health problem or in a mental health crisis.

Developing mental health problems covered include:  
Depression, Anxiety, Eating Disorders, Psychosis, Substance Misuse

Mental health crises covered include:  
Suicidal thoughts and behaviours, Non-suicidal self-injury, Panic attacks, Traumatic events, Severe psychotic states, Acute effects from alcohol/drugs, Aggressive behaviours

Participants will learn about adolescent development, the signs and symptoms of these mental health problems, where and how to get help and what sort of help has been shown to be effective.

Would you be interested in attending a 14 hour course in school run over four, three and a half hour sessions? If so, please complete the attached form and leave at admin.  
N.B. You must attend all four sessions, which will be run over four weeks to complete the course and receive a certificate.

## DEPUTY PRINCIPAL'S NEWS

### 2014 -2015 Entertainment Book

Elanora State High School is fundraising with The Entertainment Books this year. The books are \$55 each and can be purchased through the Uniform Shop. 20% of each book sold goes towards our fundraising for the P&C. These books contain over \$20,000 in savings. They are filled with "Buy One Get One Free Offers" and 25% Discounts to popular locations such as Hogs Breath Café, The Aztec, Montezumas, North Burleigh Surf Club, Burleigh Surf Club.... Not to mention all the students' favourites too e.g. Subway, Hungry Jacks, Red Rooster, Event Cinemas and much more.

There is even 5% discount for all Woolworths stores as well as their brands such as BWS, Dan Murphys, Caltex and Masters. You will easily recoup the cost of the book.

**Ms Kym Dickinson**  
Deputy Principal



## FINANCE NEWS

The Finance office is open to accept payments Monday to Friday 7.30am to 3.30pm. Payments can be made by cash, cheque, eftpos or via the Internet. Internet payments can be made 24 hours a day, 7 days a week.

The school bank details are:

Elanora State High School General Account  
BSB: 064 404  
Acct: 00090717

Reference: student name

If paying by direct deposit please ensure you use your child's EQ ID number and a short description (for example X1234567SRS). If the cashier is unable to determine what the payment is for it will be automatically applied to the oldest debt on your account. To assist families the table on the right provides a summary of fees/excursions/activities that are due.

Item	Details	Amount Due	Date Due
<b>Student Resource Scheme</b>	All year levels	\$300.00	Due now
<b>Marine Education – Scuba Diving</b>	Year 11	\$340.00	Due now
<b>Photography Lighting Workshop</b>	Year 11/12	\$15.00	Due now
<b>Subject Fees</b>	Year 9 – 12	Various	Due now

## CHAPPY'S CORNER

CHAPPY WEEK 19-26 of May

We're excited for a super fun week next week celebrating chappies!

Thursday is going to be our CHAPPY BIG DAY with C3 Morning crew Pancakes and Thursday BIG LUNCH.. Jumping Castles, podium fighting and more..!

Friday lunch will be packed with fun too! So come have some fun with us next week! Blessings! ALSO sign ups still open for Ks4Kids go to [www.ks4kids.org.au](http://www.ks4kids.org.au) as we're still looking to reach our 100 walkers target, we are currently about 40 walkers off! Anyone is welcome to walk.

Dave & Steph—e: [davidq@chappy.org.au](mailto:davidq@chappy.org.au) & [stephanieb@chappy.org.au](mailto:stephanieb@chappy.org.au)

**WHAT CHAPLAINS DO**

- Build positive relationships with students
- Support at-risk students through behaviour management programs
- Support staff and families from the wider school community
- Provide spiritual support and direction to the school community
- Run activities, school breakfasts and other programs for students

**CELEBRATE chappies!**

**FAST FACTS ABOUT CHAPLAINS**

- 800 Queensland schools have a chappy
- 60% of primary schools and 87% of high schools have a chappy
- 383,000 students have access to a chappy
- Almost 78% of students have their own chappy

**CELEBRATE chappies!**

## SENSORY MOVIE DAY - COOLANGATTA

"Mr Peabody & Sherman"

**Sunday 2pm Sunday 25th May at Coolangatta Birch Carroll & Coyle.**

"Sensory Movie Day" was created for families with Special Needs.

Children are free to try every seat, flap or stim, lighting stays on dim.

Fire exit doors are monitored for those escape artists.

This movie experience is a positive, non-judgmental experience.

Siblings and extended family welcomed.

Tickets are \$8.00 each.

Companion I.D. Card Accepted.

Children 2 years and under are free.

Tickets on Sale NOW!!! Come along and support our event....

Membership Movie Day cards are required to purchase

tickets These can be collected from Birch Carroll & Coyle Coolangatta cinema before our screening.

For more information or to be added to the mailing list email us on:

[sensorymovieday.goldcoast@hotmail.com](mailto:sensorymovieday.goldcoast@hotmail.com).



## **EQ NEWS**

Students can win prizes while improving their foreign language skills.

Registrations are now open for the 2014 Language Perfect World Championships competition. Participating students have the opportunity to earn certificates and win great prizes. The Language Perfect World Championships is a worldwide annual, online, foreign-language learning competition being held from the 19 - 29 May. The Department of Education, Training and Employment is an official partner in the championships.

## **UPCOMING CAREER EXPOS**

Kingscliff TAFE Campus  
Wednesday 21 May 2014  
4:30-7:30pm

Brisbane Careers & Employment Expo  
23rd-24th May 2014  
Brisbane Convention & Exhibition Centre  
Friday: 9am—3:30pm  
Saturday: 10am-4pm  
FREE ENTRY

When: **9.15am Fridays (commencing 9.5.2014)**

Where: **Meet By the Creek - Currumbin**

Contact: **Kerry: 5534 3116 or community@currumbinrsl.com.au**

## **FROM THE GUIDANCE OFFICE**

With the first term over and the first report given, many students have been looking to their future studies at school and beyond.

With students' future options in mind, we took a group of Year 10 students to the Gold Coast Careers Expo. The following article was written by two of the students who attended, Katy-Maree Ryan and Hannah Rigney, both in 10A.

The accompanying photograph shows some of our students waiting for the bus back to school.

On Thursday the 9<sup>th</sup> of May a group of Year 10 students were invited to a Careers Expo held at the Royal Pines. It was here that we were able to gain useful information and advice regarding tertiary studies after high school. There were a wide range of colleges, TAFES and universities at the Expo who were there to show students all that they had to offer, including their courses and various facilities. The day proved to be inspiring and provided a great insight into studies and life after high school. We would like to thank our Guidance Officer Ms. Cutts and our Year Coordinator Mr. McCulloch for providing us with this opportunity.

Katy-Maree Ryan and Hannah Rigney Year 10.



A very important aspect to my role as guidance officer is making students and their parents aware of the myriad opportunities available. To this end, I provide current career related information on a regular basis as, 'Current News'. This can be found by visiting the school website and using the Quick Link to, Guidance Officer's career news'. Career News could include short articles about: the Defence Force, universities, colleges and courses, monthly events, gap year opportunities and study skills. This is to mention just some of the information available on a regular basis.

As well as the regular Career News, there are a number of booklets available covering specific topics: 'The QCE Made Simple', 'Information for Year 12', 'Information for Year 11' and 'Information for Year 10'.

The information in these booklets will be covered with the students throughout the next two terms. The booklets themselves will be available on the school website. I hope you will find time to access the information provided and that it proves useful to you. Any feedback would be gratefully received. I also welcome a phone call or visit from you if there is any way I can be of assistance.

Sue Cutts

Guidance Officer

## **TALLY VALLEY - INDOOR CRICKET**

Wednesday afternoons at 4pm for 7 weeks, only \$49!

Sign up on 2nd & 9th May 3-5pm.

Don't miss out! Contact Chad for any more information on: 0421 168 322

## **TRIVIA NIGHT**

Last year, Pauline Clayton (Maths Teacher), and her team Currumbin Dragons, won gold in all national events. Once again the team won gold in 2014. Pauline also paddled in the Queensland team, where the team won gold, Australian Champions. Their hard work means that they will now travel to Italy in September to compete in the World Championships. To lighten the cost, Pauline is running a trivia night at the school, Saturday, 24th of May. For more information refer to advertisement to the right. The Currumbin Dragons would love to see the local community support them in their quest.

## **Trivia Night**

**SAT MAY 24**

Event details:

- Doors Open 7:00pm
- 6 guests per team
- \$10 per person
- BYO beer and wine

Location: Elanora SHS, Cr. n19th Ave & Avocado St, Elanora

Fund Raiser 4 Currumbin Dragons Free Nibbles Prizes & Raffles

Please help us raise much needed funds to send the Currumbin Dragons to compete at the World Championships in Ravenna, Italy in September 2014. Through hard work, commitment, dedication to training and team work we have been able to achieve the prestige and glory of being invited to compete in the World Championships. So come along for a great, fun night of trivia and donate what you would usually spend on a night out. There will be Trivia prizes, monster raffle, as well as nibbles, so bring your friends and join the fun.

RSVP:  
Monday 20th May 2014  
Jordie Laverack Call or text 0468964141  
Email:jordiel@hotmail.com



### The Currumbin Dragons 2013 Results:

- QDBF State Results 2013:
  - Premier Open 10's, 200m: Gold;
  - Premier Wm 10's, 200m: Silver;
  - Premier Wm 20's, 2km: Gold;
  - Premier Wm 20's, 200m: Bronze;
  - G/Mst Wm 20's: 2km: Gold;
  - G/Mst Wm 20's, 200m: Silver;
  - G/Mst Wm 20's, 500m: Silver.
- Aus National Results 2013:
  - Master Wmn 20's, 200m: Gold;
  - Master Wmn 20's, 500m: Gold;
  - Master Wmn 20's, 2km: Gold;
  - G/Mst Wm 20's, 500m: Silver;
  - G/Mst Wm 20's, 2km: Gold



**SENIOR PHASE STUDENT PROFILE –**

Name: Chelsea Winning

Year Level: 12

Current Subjects: Maths A, English, Dance, Cert III Childcare, Cert III Tourism and Hospitality.

Elanora SHS Honours: Senior Leader, Distinction .



Why I chose Elanora SHS?

Older brother attended ESHS and heard great things from him and others about the school.

What is the best thing about Elanora SHS?

The best thing about ESHS is the teachers and their support towards your education and goals in life.

My future plans?

My plans are to get a diploma in Childcare and work in that industry.

**ALUMNI PROFILE – WHERE ARE THEY NOW?**

Name: Jaga Chan

Years at Elanora: 8-12

Year 12 Subjects: Maths C, Maths B, Fitness Cert III & Cert IV, English, Biology & Chemistry.

Elanora SHS Honours: Distinction



What was the best thing about Elanora SHS? The experiences and opportunities it provided me with for my future.

What I miss from Elanora SHS? The teachers, staff and my friends

Occupation: Kitchen Man

Future plans?

Study at Griffith University and continue my Muay Thai fighting Career

**MIDDLE PHASE STUDENT PROFILE –**

Name: Ty Briggs

Year Level: 8

Current Subjects: Science, LOTE, Maths, English, History, Home Economics, Dance and HPE.

Elanora SHS Honours: Year 8 Student Representative, Ace Class.



Why I chose Elanora SHS?

My brother attends ESHS as we live close to the school and heard it was a great school.

What is the best thing about Elanora SHS?

The teachers and staff are very friendly and the academic classes are great.

My future plans?

To go to university to study engineering.

**INTERNATIONAL STUDENT PROFILE –**

Name: Paul Nies

Year Level: 12

Country of Origin: Germany

Length of Stay: 6 Months

Previous School: Gymnasium Bruckmuehl



Current Subjects: Japanese, Maths B, Physics, English, Marine Studies and Modern History

What is the best thing about Elanora SHS?

Japanese lessons, the students and staff are always friendly and the Fridays off are also a bonus.

Future Plan?

Study abroad in either Japan or South Korea then go back to Germany to get a good job.

**ThemeParks.com.au  
Ticket Sale!**

**BIG SAVINGS ONLINE**

 3 parks unlimited entry 'til 30 June 2014 **\$49.99** ONLINE OFFER ONLY!

SINGLE ENTRY Valid for one entry only before 30 June 2014	Adult	Pensioner	Child
	\$42	\$27	\$27
	\$42	\$27	\$27
	\$28	\$18	\$18
	\$15	\$10	\$10
 Sunday to Friday	\$70	\$60	\$50
 Saturday	\$80	\$75	\$60

Purchase online only at [ThemeParks.com.au/sale](http://ThemeParks.com.au/sale)

See website for full terms and conditions, offer valid until Monday 30th June 2014.

**ThemeParks.com.au  
Our School Ticket Sale**



Village Roadshow Theme Parks is offering our school community a limited time ticket offer. Simply visit [ThemeParks.com.au/promocode](http://ThemeParks.com.au/promocode) and enter our promocode "CPC014" to gain access to these tickets offers.

\*Terms & conditions apply, offer valid until Friday 4th April 2014



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