FROM THE PRINCIPAL

Musical – Tickets – Last Chance
Our 2013 school musical is now upon us with a matinee performance next Tuesday for local primary school students and aged care residents and the first evening performance on Tuesday June 18. The musical is a fantastic educational experience for all involved and I look forward to the entire Elanora SHS community supporting our talented students. Tickets are now on sale for shows on June 18, 19 & 20 – don’t miss out.

Student Road Safety
Recently we have had new school zone flashing lights installed on Nineteenth Avenue which highlights the need to drive safely around school and last year we improved our signage and installed a drop off zone in the rear of the school. We have had concerns raised from local residents at the Firethorn St entrance to the school near Pandas Childcare - can you please ensure that you do not block local resident’s driveways when picking up and dropping off your child as this is a major inconvenience.

Semester 1 School Reports – have you moved lately?
Our Semester 1 school reports will be mailed home in the first week of next term and our next Parent Teacher Interviews will be held on Wednesday July 17 from 3.30pm. Bookings will be available via our school website from next Thursday June 20. Please ensure that the school has your current address so that reports are mailed to the correct address.

Subject Selection & Career Expo – Tuesday August 20
On Tuesday August 20 we will be hosting our inaugural Subject Selection & Careers Expo from 5.00pm. This will be a one stop shop for all subject selection options from Years 9 – 12 as well as all displays from all local universities, TAFES, RTOS & Group Training Companies – please keep this date free so that you can attend with your child to look at all possible career options. The Expo will combine all subject selection talks with the ability to speak individually with all tertiary study providers, potential employers and school based curriculum experts. There will be more information to come about this exciting event.

P & C Meeting – Change of time
The meeting time for our next P & C Meeting has been changed to a 4.30pm start so that P &C members can attend our school musical. If you wish to have an input into the current and future direction of our great school this is a great way to do this. See you at our next meeting on Wednesday June 19 at 4.30pm in the staff common room.

Happy Holidays
The semester break commences for Year 8-10 students at 3.05pm on Friday June 21 and for Year 11 – 12 students on Thursday June 20 at 3.05pm. Normal classes are running throughout the week and students are expected to be in full attendance. I would like to wish all students and staff a restful, family orientated break and look forward to an exciting Semester 2. The current refurbishment work within the school will continue over the break and we will regain full access to all classrooms for the start of the new semester on Monday July 8 – there is no Student Free Day to commence the new semester.

Cameron Hodges, Principal

FINANCE NEWS

The Finance office is open to accept payments Monday to Thursday 7.30am to 11.00am. Payments can be made by cash, cheque, eftpos or via the internet.

Internet payments can be made 24 hours a day, 7 days a week. The school bank details are:
Elanora State High School General Account - BSB: 064 404 - Acct: 00090717

If paying by direct deposit please ensure you use your child’s EQ ID number and a short description (for example X12345678RS). If the cashier is unable to determine what the payment is for it will be automatically applied to the oldest debt on your account.

To assist families the following table provides a summary of fees/excursions/activities that are due:

<table>
<thead>
<tr>
<th>Item</th>
<th>Details</th>
<th>Amount Due</th>
<th>Date Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Resource Scheme</td>
<td>All year levels</td>
<td>$300.00 (or as per payment agreement)</td>
<td>Due now</td>
</tr>
<tr>
<td>Marine Education Scuba Diving</td>
<td>Year 11</td>
<td>$375.00</td>
<td>Due now</td>
</tr>
<tr>
<td>Subject fees for Semester One (January – June)</td>
<td>Year 9-12</td>
<td>Various depending on subject chosen</td>
<td>Due now</td>
</tr>
<tr>
<td>Musical</td>
<td>Open</td>
<td>$40.00</td>
<td>Participation cost</td>
</tr>
</tbody>
</table>
**TRIPLE P**

Act for Kids is running the TEEN Triple P (Positive Parenting Program) in June. Triple P offers parenting suggestions and ideas to help parents of teenagers with everyday parenting concerns including the following:

- Building a positive parent/teen relationship
- Encouraging and increasing desirable behaviour
- Developing effective, practical strategies to manage behavioural problems
- Managing misbehaviour in a positive and effective way
- Taking care of yourselves as parents

**FUNDING FOR CREATIVE YOUNG STARS**

Grants are available for students involved with creative or performing arts, cultural activities, academic endeavour or celebrating school achievements. The first round of the Creative Young Stars program is open and grants of $500 for individuals or $3000 for groups of more than six young people will be awarded. Applications close on 21 June. More information is available at: [http://www.youth.gov.au/](http://www.youth.gov.au/)

**LITTLE SHOP OF HORRORS**

School Musical - 18, 19, 20 June – 6 pm

June is Musical month at Elanora State High School! The Performing Arts block is currently being transformed into Mr Mushnik's Skidrow Florist for the up and coming production of Little Shop of Horrors! This fantastic, hilarious and slightly scary Musical involves over 70 students and 10 teachers with our very famous Mr Leader playing the part of the man-eating plant. Come along during Week 10 and support our incredibly talented actors, singers and dancers as they bring this uprooting performance to life! Tickets can be purchased from the cashier from 3 June, 2013. Get in quick, with only 4 shows the tickets will sell out fast.

**Ticket Prices**

<table>
<thead>
<tr>
<th>Category</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult</td>
<td>$1.5</td>
</tr>
<tr>
<td>Students or concessions</td>
<td>$10</td>
</tr>
<tr>
<td>Under 5 - Free (on lap)</td>
<td></td>
</tr>
<tr>
<td>Family (2 adults, 2 students)</td>
<td>$40</td>
</tr>
</tbody>
</table>

**Dates and times are as follows:**

- **Tuesday 18 June**
  - Matinee: 12:00pm
  - Opening night: 6:00pm
- **Wednesday 19 June**
  - Evening: 6:00pm
- **Thursday 20 June**
  - Final night: 6:00pm

**EQ NEWS**

**STUDENTS PLANNING FOR QUEENSLAND**

Students are encouraged to submit their ideas for Queensland's future and get the chance to win some great prizes. In 30 years’ time our students are sure to be some very important people so let's get them thinking about the kind of society they want. Check out the Queensland Plan website for all the details on this competition. [www.queenslandplan.qld.gov.au/get-involved/schools/](http://www.queenslandplan.qld.gov.au/get-involved/schools/)

**NATIONAL TEACHING AWARDS**

Teachers help shape the future of our children, and therefore our nation. Yet there are few opportunities to recognise and acknowledge their outstanding contribution and commitment. Honour inspirational teaching and nominate teachers and leaders for the ASG NEITA Awards for Inspirational Educators. The nomination closing date is 31 July 2013 and nominations can be made online, or forms can be downloaded, at [www.neita.com.au](http://www.neita.com.au) or call the NEITA secretariat for a form by phoning free call 1800 624 487.

**TSS Gold Coast ID Camp**

**Will You Be The One?**

West Ham United Football Club from London, England, have arguably one of the greatest youth academies in the world. In recent years the likes of Rio Ferdinand, Frank Lampard, Michael Carrick, Joe Cole and Glen Johnson are all graduates of the West Ham United Academy. The West Ham United International Academy has been established to identify players who may one day be good enough to play for the West Ham first team - Will you "Be the One?"

The Camp is open to U9 – U18 boys and girls and will be overseen by a senior member of the West Ham United International Academy coaching staff. The camp will consist of coaching methods and drills from the West Ham United Academy, with each player receiving a West Ham United International Academy camp t-shirt. Players excelling at this camp will be invited to the 2013 OCEANIA RESIDENTIAL NATIONAL CAMP, under the guidance of West Ham United Academy Director, Tony Carr or assistant Academy Director, Paul Heffer. Players excelling there will be invited to London for a West Ham United Academy experience the following Spring. [http://westhamacademyinternational.com](http://westhamacademyinternational.com)
WEP STUDENT EXCHANGE - AN EXPERIENCE OF A LIFETIME!
Have you ever wondered what it would be like to live in Italy, Spain, France, Germany, China, the USA...? Become an exchange student with World Education Program (WEP) Australia and find out first-hand! Choose from over 20 countries around the world to experience life as an overseas teenager by living with a welcoming host family and attending their local high school.

WEP $3000 Scholarships – Argentina & China
Imagine drinking a traditional mate in Argentina or indulging in delicious dumplings in China. WEP’s scholarships allow you to explore and experience the Argentine or Chinese culture first-hand during your academic student exchange program in 2014!

Program Inclusions
Make the most of your time overseas! Many of WEP’s programs include exciting extras such as orientation programs in Paris, Rome, New York, language courses, excursions and more.

Find Out More!
Request an information pack, including our brochure and FREE application form. Visit: www.wep.org.au
Call: 1300 894 733 [cost of a local call]
Email: info@wep.org.au

Upcoming Info Sessions
What is Student Exchange? Who is WEP Australia? Where and When can I go? What support will my child receive? Who are the host families? ...Have all your questions and more answered at one of our free, personalised and engaging information evenings.

GOLD COAST HOSPITAL AND HEALTH SERVICES – ORAL HEALTH SERVICES

ORAL HEALTH CARE MATTERS
Did you know that Gold Coast Hospital and Health Services – Oral Health Services in both the community and school clinics accept Medicare Teen Dental Scheme Vouchers?

Good oral health care is important for young people. The government has provided Medicare Teen Dental Scheme Vouchers to help enable and maintain good oral health and preventative care. These vouchers can be presented to private dentists or Gold Coast Hospital and Health Services – Oral Health Services, including a community or school dental clinic.

Children attending schools up to the end of Year 10 who present a Teen Dental Voucher with Gold Coast Oral Health Services will receive a comprehensive examination, x-rays, scale, clean and a full course of care. Children in Years 11 and 12 in receipt of a voucher can only be seen by Gold Coast Oral Health Services if the eligibility criteria is met. They will then be placed on a waiting list to receive a comprehensive examination, x-rays, scale, clean and a full course of care.

If the Teen Dental Voucher has been used at a private dental practice, completion of the private dentist’s treatment plan will need to be undertaken privately at own cost. Gold Coast Hospital and Health Services will only be able to provide Emergency Care for these children, not a full course of care as prescribed by the private dentist.

Gold Coast Hospital and Health Services – Oral Health Services have qualified and experienced dentists, oral health therapists, dental therapists and dental assistants who work together to provide a range of oral healthcare services to meet your child’s specific oral health needs in a caring environment.

As the Teen Dental Voucher expires by 31.12.13, it is important that you arrange your appointment as soon as possible by telephoning the Gold Coast Oral Health Services Call Centre on 1300 300 850. Oral health services are also provided during all school holiday periods.

For more information on the nearest community or school dental clinic, the Oral Health Call Centre will be able to assist you with your enquiry.

CREATURE KEEPERS
Currrumbin Wildlife Sanctuary is pleased to offer Creature Keepers to high school students. This community course is presented by highly experienced professionals in wildlife care at Currrumbin Wildlife Sanctuary and it is designed for those with a keen interest in seeking knowledge and understanding of wildlife. This Course is a real zoo experience and gives students exposure to working in the zoo environment.

Mammal Component
This holiday, students will learn all about being a mammal keeper. In an action packed two day schedule students will have the opportunity to do the following:

- Animal enrichment activities for Tasmanian Devils, Possums and more
- Learn about training and conditioning of mammals
- Behind the scenes tour
- Mammal food preparation
- Feeding and cleaning koalas
- and much more!

GOLD COAST JUNIOR WATER POLO
Gold Coast Water Polo is holding a Junior Training Camp in the June Holidays. This will be held on 25, 26, 27 & 28th June and places are limited, so be quick!! Preference will be given to children signing up for four days and age is limited to 13-16 years old, as of end of year 2013. To get more information go to: http://goldcoastwaterpolo.com.au or email juniorsgoldcoastwaterpolos@gmail.com

The Facebook page is: https://www.facebook.com/TrainingCamp2013 (If the Facebook link is blocked, copy and paste the address)

GOLDEN OLDIES NIGHTS – ELANORA LIBRARY

Elanora Library
Hosts
Loud Music
In the Library
Teens only
Drinks
Snacks
4 Live Bands
3 to 17 years
Whatever
chillax

You & your friends

3 Live Bands

Whatever

chillax

Friday June 14, 6pm – 7:30pm

No need to book, just turn up and have a good time

byron bay
15 June ‘13 / 10-11:30am
byron bay community centre
69 jonson street
byron bay

melbourne
25 June ‘13 / 7:30-9pm
kingston arts centre
979 nepean highway
moorabbin

See full advertisements below

Thrower House is located at Salk Oval in Palm Beach.
All activities are designed for young people 12-17 years and all activities are free!
For more information contact Thrower House on 5581 1622.
Email: ThrowerHouse@goldcoast.qld.gov.au

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15 June ‘13 / 10-11:30am
byron bay community centre
69 jonson street
byron bay

Melbourne
25 June ‘13 / 7:30-9pm
kingston arts centre
979 nepean highway
moorabbin

EASY ONLINE BOOKING PROCESS
Please see our website www.cws.org.au for information and booking forms Or call 5534 0846
MIDDLE PHASE STUDENT PROFILE –
Name: David Thomas
Year: 12
Current Subjects: Japanese, English, Maths C, Maths B, Biology, Chemistry
Elanora SHS Honours: Vice-Captain 2013, QIP Leader, Distinction in 2011 and 2012, 1st place in 2011 and Highly Commended in 2012 in the Griffith University Japanese Speaking competition
Why I chose Elanora SHS? Siblings went to this school and recommended it
What is the best thing about Elanora SHS? The kindness of the teachers and the help they offer
My future plans: Go to Griffith University for Biomedical Science and eventually study medicine and become a doctor

INTERNATIONAL STUDENT PROFILE -
Name: Larissa Mendes
Year Level: 12
Country of Origin: Brazil
Length of Stay: 6 months
Previous School: Leonardo da Vinci DF
Current Subjects: Visual Arts, Modern History, Home Economics, Physics, Maths A, English
What is the best thing about Elanora SHS? No school on Friday
Future plans? To go back to Brazil and get a job

SENIOR PHASE STUDENT PROFILE –
Name: Emma Barry
Year: 10
Current Subjects: Maths Extension, English, Science, History, Childcare, Photography
Elanora SHS Honours: Junior Leader 2013, Year Level Representative 2013, Winner of Community Services Award - 2011 and 2012, Term Awards, Certificate of Appreciation for Supporting Year 8 students, International Buddy
Why I chose Elanora SHS? I chose Elanora for the better support I’d receive in class. Also it is close to home, my friends come here and it’s a smaller school with a beautiful campus
What is the best thing about Elanora SHS? The school community itself. I definitely feel part of this community. I like my teachers, have great friends and I like the wide range of subject choice
My future plans: Being a “student mentor” for students here at Elanora SHS, to get a school Senior Leadership position in 2015 and going to university to study Social Welfare

ALUMNI PROFILE - WHERE ARE THEY NOW?
Name: Tegan Roberts
Years at Elanora: 5 years
Year 12 Subjects: Geography, Maths B, English, Chemistry, Biology and Drama
What was the best thing about Elanora SHS? Definitely the teachers, each of them made schooling memorable in different ways for me. I loved all my classes because the teachers were so enthusiastic about everything :)
Where do you live now? Still on the Gold Coast
What I miss from Elanora SHS? Sports carnivals! Dressing up was always so much fun and competing to win with your team on the day.
Occupation: Full time student at Griffith university (currently studying Biomedical Science)
Future plans? Either do Naturopathy or Occupational Therapy and to do lots of travelling :)

AFL DRAFSTAR CAMP
Drafstar is coming to the Gold Coast
June 25 – 26, 2013
Broadbeach Football Club
Dunlop Court,
Mermaid Waters.
Phone: 0390205655
Email: admin@draftstar.com.au
Website: http://www.draftstar.com.au
Or click on picture as link

Tally Valley Golf Club - School Holiday Golf
Tally Valley Golf Course would like to offer, to your school, an opportunity for your students and your teacher's children to play golf during the upcoming school holidays. We invite children to play golf on any weekday over the winter holidays for free (no greenfees), subject to course availability, if they play with a paying adult. We recommend that those interested in playing golf over the holiday period should call the Clubhouse on 5533 9121 to arrange a suitable time to play.
**TENNIS FIXTURES**

New Season starting in July is now OPEN to all level of tennis players – Adult or Junior.
Saturday Afternoons, Tuesday Nights, Thursday Nights
Contact Tennis Gold Coast to enter a team now (2 person team) –
tennisgoldcoast@bigpond.com
Phone: 5532 8566.
Full details: www.tennisgoldcoast.com

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**Gold Coast Waterpolo**

Junior training camp in the June Holidays

**What?**
Three days training and one day competition for junior boys and girls 13 – 16 years old

**When?**
25, 26, 27 and 28 of June
Every day from 09.30 – 12.30

**Where?**
Trinity College in Gold Coast, heated pool

**Why?**
To learn waterpolo skills, opportunity for selection into Gold Coast teams for upcoming State Titles in December and of course, lots of FUN!

Minimum swimming skills:
100 metres in 2 minutes

Limited places

To sign up and for more information:
www.goldcoastwaterpolo.com.au
juniors@goldcoastwaterpolo.com

And Friday afternoon:
BBQ
From 12.30 – 14.30
$5.- per person

Costs:
$ 25.- for one day
$ 50.- for two days
$ 75.- for three days
And special price:
$ 90.- for four days

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**Cert III (CHC30812) in Education Support**

Classes Enrolling Now!

- Nationally Recognised Course
- Supportive and friendly learning environment
- School hours & NO training during school holidays
- 20 week course – 1 day/week plus industry placement
- Face-to-face training & correspondence study options
- RPL available
- Affordable fees
- Payment plans available

**Classes starting July 2013**
in your local area
Enquire TODAY! PHONE 1800 625 657
enquiries@careerkeys.com.au

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**Career Keys**

Career Keys is a trading name of Marsden Education Association
Incorporated. ABN: 6752545219 Provider no: 30973
DRAFTSTAR IS COMING TO THE GOLD COAST

DRAFTSTAR CAMP: YOU’LL GET A REAL KICK.

June 25-26, 2013
Broadbeach Football Club
Dunlop Court, Mermaid Waters

We’re really excited to announce that DraftStar is bringing elite level AFL skills training right to our doorstep. DraftStar will run a school holiday football development camp this June.

WHAT IS DRAFTSTAR?
DraftStar, founded by former AFL stars Ben Dixon and Robbie Campbell, offers football development programs that provide high performance coaching for young athletes aged 11 to 17. Their holistic programs are designed to improve boys and girls of all abilities on and off the field in an authentic AFL training environment.

All of their programs are developed and run by past and present AFL players. Also, they are the only training organisation authorised to use AFL 60 testing protocols, and they link in with the AIS-AFL talent development team to ensure seamless integration into development pathways.

TESTIMONIAL

This program is highly recommended for young people that love their footy. Don’t think this is just about helping guys play better and increasing their chance of playing at high levels, or getting drafted later on. What is more important is that this is about leadership, teamwork, setting and working towards goals, and respect for others. It is about character and learning to keep going through difficulties and in unfamiliar environments, while pursuing something that matters to you. Those are traits and life skills that apply to much more than just footy. I commend the DraftStar team for what they have been developing. My son enjoyed it; got a lot out of it; met new people including kids, AFL players and staff; learned about skills, fitness and the game; and the organisers are good role models. Very professionally run and very worthwhile.

PETER SMITH

WHAT IS DRAFTSTAR CAMP?

DraftStar Camps aim to improve you by focusing on five core areas:

- Elite level skills and fitness development: We are the only group authorised to conduct AFL standardised testing that can identify individual strengths and weaknesses. Elite level coaching techniques are then used to apply age appropriate strength, endurance and agility training to improve your performance.

- Football education: Match simulation activities and classroom sessions combine to increase ability to maximise player positions and understand game structure.

- Character and leadership development: These are top of the list for AFL recruiters. DraftStar Camps have sessions on motivation, goal setting, teamwork, along with media training and tips on getting recruited.

- Preparation: DraftStar Camps have a truly holistic approach so include sessions on nutrition, hydration and recovery, meaning we focus on every aspect of your development.

- Fun: We never lose sight of the fact that the people who come to our camps are kids who love their footy, and footy is a game to be enjoyed with mates. What could be more fun than hanging out with AFL superstars and other kids who are crazy about footy?

WANT TO KNOW MORE?

WWW.DRAFTSTAR.COM.AU
ADMIN@DRAFTSTAR.COM.AU • 03 9020 5655

Elanora State High School Cnr 19th Avenue & Avocado Street Elanora 4221 Phone 07 5568 4333 www.elanorashs.eq.edu.au
CRICOS Code : 00908A
## Thrower House Holiday Program
### June / July 2013

**Monday 24 June**
- **9.00-9.30am** Registration
- **9.30-12.00pm** Currumbin Challenge
  - Everyone needs to register and put your names down for activities
- **9.30-10.00am** Dodge Ball
  - Let the holiday fun begin
- **10.30-12.00pm** Arts and Craft
  - Amaze your friends with your creation
- **12.00-1.00pm** BBQ Lunch
  - BBQ Lunch
- **1.00-2.30pm** Design a Kebab
  - Cook and design your very own kebab
- **1.00-2.30pm** Ready, Steady, Cook
  - Be a hit by making your very own dish
- **2.30-5.00pm** Palm beach Swimming pool
  - Come and join in the fun with the inflatable obstacle race, book early, limited spots

**Tuesday 25 June**
- **9.00-10.00am** Name that Tune
  - Test your speed and knowledge and name that tune
- **10.00-12.30pm** Obstacle Course Challenge
  - Race around our giant inflatable obstacle course
- **10.00-11.00am** Hula hula
  - Hula with a difference
- **11.30-12.30pm** Outdoor Cricket
  - Cricket with a twist
- **12.30-1.30pm** BBQ Lunch
  - BBQ Lunch
- **1.30-4.00pm** Obstacle Challenge - Continued
  - Race around our giant inflatable obstacle course
- **4.00-5.00pm** Wall Art
  - Have fun creating your very own handprint design and leaving your mark

**Wednesday 26 June**
- **9.00-12.00pm** Currumbin Challenge
  - Meet the local Greens Challenge head on. Limited spots, book early
- **9.00-11.00am** Touch Footy Competition
  - Team against Team, let the best Team win
- **10.00-12.00pm** Currumbin RSL cooking workshop
  - Learn how to make a Mocktail or Design a Pizza using fresh herbs straight from the Garden. limited spots
- **10.00-11.00am** Hip hop Dance
  - Let’s learn some hip hop moves with Emma Lee from Rising Star Performance Academy
- **11.00-1.00pm** Arts and Crafts
  - Come join in the fun of making your very own creations
- **1.00-2.00pm** Lunch
  - Lunch in the park
- **2.00-3.00pm** Gymnastics class with Lorenzo
  - Learn some basic gymnastics skills with our very own gymnastics guru
- **3.00-5.00pm** Throwing Got Talent
  - Bring your hidden talents and show us what you’ve got. Prizes for best performer

**Thursday 27 June**
- **9.00-10.30am** Dragon Boat Boating
  - Come and Join Akuna Dragon Boat club for fun on the Currumbin Creek
- **10.30-11.30am** Tie Dying
  - Bring your own pillowcase, shirt, or piece of light coloured clothing and create your very own masterpiece
- **10.30-11.30am** Badge Making
  - Get creative with designing and making your own badges
- **11.30-12.00pm** Tug o War
  - Games begin with Tug o War
- **12.00-1.00pm** Lunch
  - BBQ Lunch
- **1.00-3.00pm** Stand Up Paddle Boarding
  - Have a go at a traditional Hawaiian sport stand up paddle boarding. Limited spots, book early
- **3.00-5.00pm** Afternoon Movie
  - Chill out, have a snack and enjoy movie time

**Friday 28 June**
- **9.00-12.00pm** Currumbin Challenge
  - Meet the local Greens Challenge head on. Limited spots available, book early
- **9.00-10.00am** Magnet Clay Making
  - Create your very own design and put your new magnet on the fridge
- **10.00-11.00am** Minute to Win It
  - Test your skills with the great game
- **11.00-12.00pm** Twister with a Difference
  - You have never played Twister like this
- **12.00-1.00pm** Pizza Lunch
  - Homemade Pizzas made by Currumbin RSL
- **1.00-2.00pm** Muay Thai Workout
  - Your very own work out with Richard Walsh from Urban Fight Gym
- **2.00-5.00pm** Palm beach Swimming pool
  - Come and join in the fun with the inflatable obstacle race. Book early, limited spots

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*Thrower House is located at Salk Oval in Palm Beach.
All activities are designed for young people 12-17 years and all activities are free!
For more information contact Thrower House on 5581 1622.*

*Email: ThrowerHouse@goldcoast.qld.gov.au*
# Thrower House Holiday Program

**FREE**

2 week program - June / July 2013

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday 1 July</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9.00-2.00pm</td>
<td></td>
<td>Round the World Olympics</td>
<td>Get into teams of country and let's get the Olympics started</td>
</tr>
<tr>
<td>9.00-10.00pm</td>
<td></td>
<td>Design Team Cheerleading Pom Poms</td>
<td>Get into teams and design your team's very own cheerleading pom poms</td>
</tr>
<tr>
<td>10.00-11.00pm</td>
<td></td>
<td>Create Team war cry</td>
<td>Now create your team's war cry</td>
</tr>
<tr>
<td>11.00-1.00pm</td>
<td></td>
<td>Let the Games Begin</td>
<td>Let the Olympics Begin, various games to be played. Win a medal for your team</td>
</tr>
<tr>
<td>1.00-2.00pm</td>
<td></td>
<td>Lunch</td>
<td>BBQ Lunch</td>
</tr>
<tr>
<td>2.00-5.00pm</td>
<td></td>
<td>Palm Beach swimming pool</td>
<td>Come and join in the fun with the inflatable obstacle race. Book early, limited spots</td>
</tr>
<tr>
<td><strong>Tuesday 2 July</strong></td>
<td></td>
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<td></td>
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<tr>
<td>9.30-10.30am</td>
<td></td>
<td>Dragon Boating</td>
<td>Come join us and Akuna Dragon Boat Club on Currumbin Creek. Limited spots, book early</td>
</tr>
<tr>
<td>9.30-10.00am</td>
<td></td>
<td>Musical Hula Hoops</td>
<td>Let's play Thrower House's musical Hula with a twist</td>
</tr>
<tr>
<td>9.00-12.00pm</td>
<td></td>
<td>Greens Challenge</td>
<td>Meet the local Greens Challenge head on. Limited spots, book early</td>
</tr>
<tr>
<td>10.00-11.00am</td>
<td></td>
<td>Hip hop</td>
<td>Let's learn some hip hop moves with Emma-Lee from Rising Star Performance Academy</td>
</tr>
<tr>
<td>11.00-12.00pm</td>
<td></td>
<td>Tug o War competition</td>
<td>Tug o war with a difference</td>
</tr>
<tr>
<td>12.00-1.00pm</td>
<td></td>
<td>Lunch</td>
<td>Lunch in the park</td>
</tr>
<tr>
<td>1.00-3.00pm</td>
<td></td>
<td>Arts and crafts workshop</td>
<td>Have fun creating your very own masterpiece, you will be surprised with what you can achieve</td>
</tr>
<tr>
<td>3.30-5.00pm</td>
<td></td>
<td>Afternoon movie</td>
<td>Chill out, unwind, have a snack and enjoy movie time</td>
</tr>
<tr>
<td><strong>Wednesday 3 July</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9.00-12.00pm</td>
<td></td>
<td>Greens Challenge</td>
<td>Meet the local Greens Challenge head on. Limited spots available, book early</td>
</tr>
<tr>
<td>10.00-12.00am</td>
<td></td>
<td>Grid Iron clinic</td>
<td>Come and join the fun and learn some new skills</td>
</tr>
<tr>
<td>10.00-12.00am</td>
<td></td>
<td>Cooking Workshop at the Currumbin RSL</td>
<td>Learn how to make a Mocktail or design a pizza using fresh herbs straight from the garden. Limited spots</td>
</tr>
<tr>
<td>12.00-1.00pm</td>
<td></td>
<td>lunch</td>
<td>Lunch in the park</td>
</tr>
<tr>
<td>1.00-3.00pm</td>
<td></td>
<td>Kayaking</td>
<td>Come and have fun kayaking on the creek. Limited spots available</td>
</tr>
<tr>
<td>3.00-5.00pm</td>
<td></td>
<td>Scavenger Hunt</td>
<td>Have fun with your team mates, finding and solving clues, then racing to the finishing line</td>
</tr>
<tr>
<td><strong>Thursday 4 July</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9.00-12.00pm</td>
<td></td>
<td>Sculpture and mould making workshop</td>
<td>Artist Cathy Booth will be showing you how to make your very own mould sculptures</td>
</tr>
<tr>
<td>12.00-1.00pm</td>
<td></td>
<td>Handball</td>
<td>Come play handball. Good old fashioned fun</td>
</tr>
<tr>
<td>1.00-2.00pm</td>
<td></td>
<td>Lunch</td>
<td>BBQ Lunch</td>
</tr>
<tr>
<td>2.00-4.00pm</td>
<td></td>
<td>Jumping Castle</td>
<td>Beachside are bringing their castle to Thrower House for you to enjoy</td>
</tr>
<tr>
<td>4.00-5.00pm</td>
<td></td>
<td>Basketball Games/Competition Drills</td>
<td>Learn basketball skills, improve your game and compete against your friends</td>
</tr>
<tr>
<td><strong>Friday 5 July</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9.00-11.00am</td>
<td></td>
<td>INRL Clinic</td>
<td>Meet the guys from Titans and learn some skills</td>
</tr>
<tr>
<td>9.00-12.00pm</td>
<td></td>
<td>Greens Challenge</td>
<td>Meet the local Greens Challenge head on. Limited spots available, book early</td>
</tr>
<tr>
<td>12.00-1.00pm</td>
<td></td>
<td>Pizza Lunch</td>
<td>Homemade pizzas made by Currumbin RSL</td>
</tr>
<tr>
<td>1.00-2.00pm</td>
<td></td>
<td>Muay Thai</td>
<td>Your very own work out with Richard Walsh from Urban Fight Gym</td>
</tr>
<tr>
<td>2.00-5.00pm</td>
<td></td>
<td>Swimming Pool</td>
<td>Come and join the fun with the inflatable obstacle race. Book early, limited spots</td>
</tr>
</tbody>
</table>

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**Contact Information:**

Thrower House is located at Salk Oval in Palm Beach.
All activities are designed for young people 12-17 years and all activities are free!
For more information contact Thrower House on 5581 1522.
Email: ThrowerHouse@goldcoast.qld.gov.au

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**Elanora State High School**
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CRICOS Code: 00606A